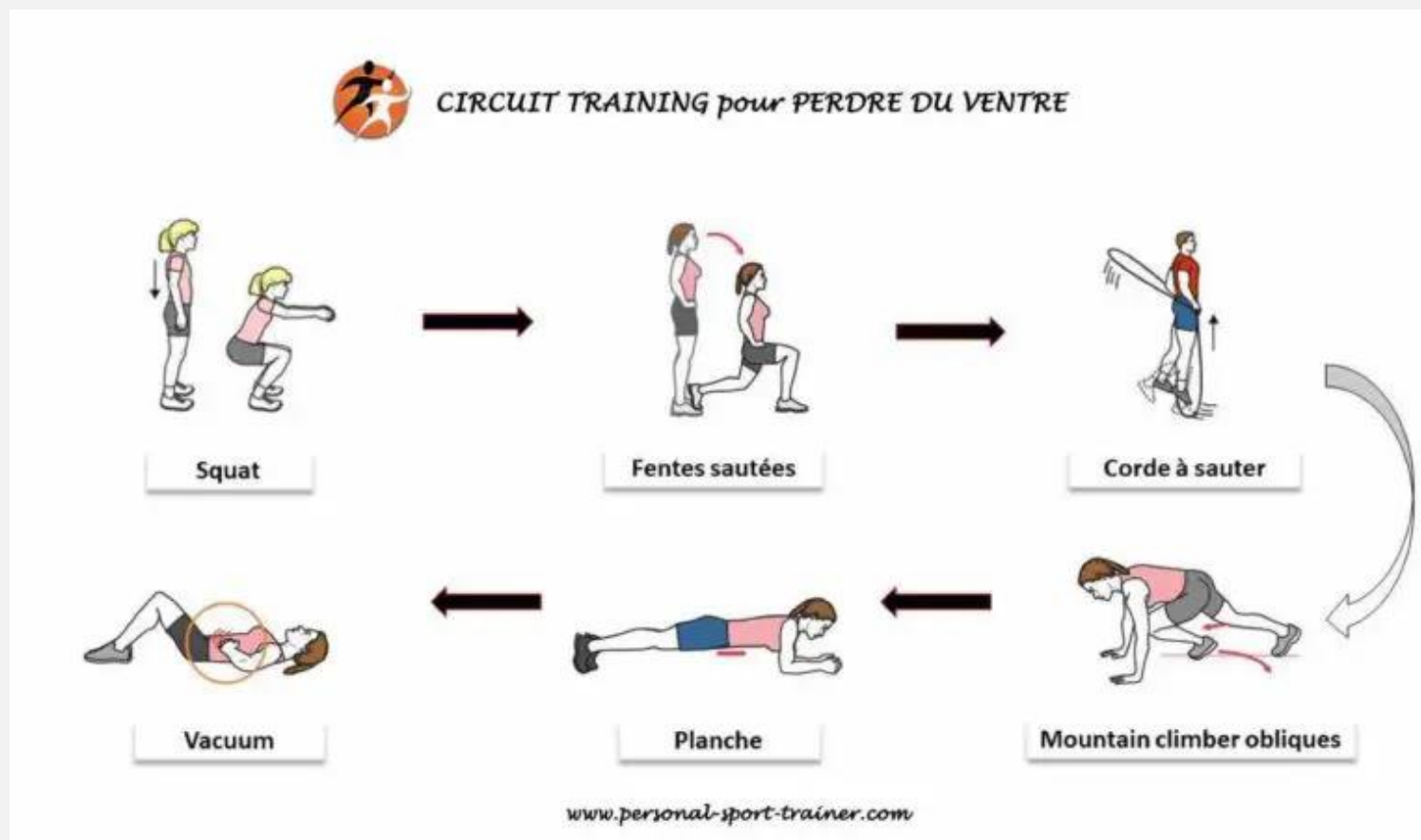
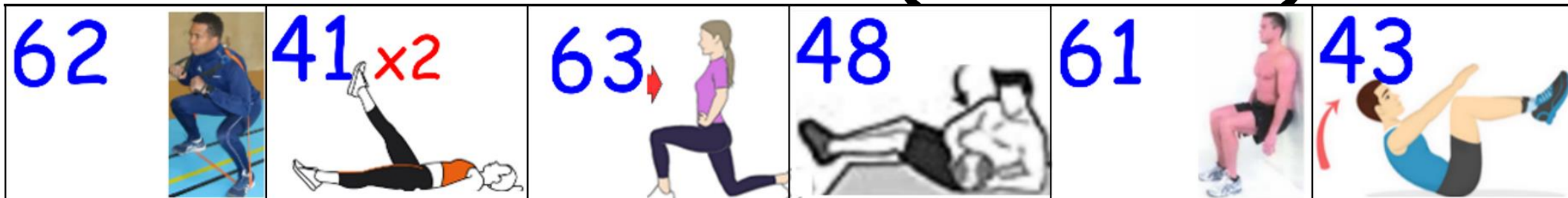


Jambes, Abdos & Cardio

2 circuits de 24 Exos



Jambes Abdos (24 exos)



Jambes Cardio (24 exos)

